

2025

NATIONAL EDUCATOR WELLNESS CONFERENCE



DALLAS, TEXAS

JANUARY 30 & 31, 2025

This highly focused and interactive conference is an in-depth, hands on, certificate course for all school/district staff, teachers, school counselors, principals, and superintendents.

Join us to experience research-based methods to address burnout and retention issues, promoting psychological safety and self-awareness. You'll learn self-care strategies that you can share with staff members and, in turn, with students.

All activities will promote a sense of belonging, safety, the ability to voice concerns, and the freedom to speak up without fear of ridicule. The focus will be on ensuring participants feel seen, heard, and valued.

Topics Include

- Research on Retention
- Preventing Burnout
- Supporting Teachers
- Increasing School Morale
- Strategies for Self-Regulation
- Promoting Collaboration

Formal schedule coming soon



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Guest Speakers



Eulanda Thorne

Program Manager, NC Center for
Resilience and Learning
Ms. Black North Carolina USA, 2022



Adair Cates

Transformational Conscious
Leadership Coach & Trainer

Conference Facilitators



Susan Nelson

Founder and Chief
People Strategist of HR
Leaders Coach



Freddy Mendoza

Experienced High
School Teacher,
Administrator & Coach



Celeste Elsey

COO of CTC
Retired Teacher,
Advanced Trainer



Simone Kotraba

Transformational
Coach, Experienced
Educator



Rachelle Niemann

Event Facilitator,
Designer and
Consultant

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Closest Hotels for Bookings

Double Tree by Hilton


4099 Valley View Ln,
Dallas, TX 75244

Sheraton Dallas

4801 Lyndon B Johnson Fwy,
Dallas, TX 75244

Questions?

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